



ACADEMY OF AYURVEDA

COURSE CONTENT - DIPLOMA IN AYURVEDIC MEDICINE

YEAR 1	YEAR 2	YEAR 3
PANCHAKARMA THERAPIST	AYURVEDIC NUTRITIONIST	AYURVEDIC PRACTITIONER
History And Foundations of Ayurveda	Ayurvedic Nutrition	Kaya Chikitsa 2
Ayurvedic A&P	Western Nutrition 1	Applied Pathophysiology & Diagnostics
Swasthavritta - Healthy Living	Dravyaguna 2	Prasuti Tantra & Kaumara Bhritya
Dravyaguna 1	A&P Of Gi-Tract	Vedic Healing
Western A&P	Introduction To Gastroenterology	Bhaisajya Kalpana - Herbal Formulations
Panchakarma Therapies 1	Kaya Chikitsa 1	Dynamics Of Clinical Practice 2 (Application)
Panchakarma Therapies 2	Western Nutrition 2	Hirudotherapy & Cupping
Energy Healing	Rasayana & Vajikarana	Personal & Professional Development
Applied Anatomy	Botanics And Phytochemistry	Research Methods & Dissertation
Problem Based Techniques For Massage Therapy	Dynamics Of Clinical Practice 1	Ashtanga Hridayam
YEAR 1 WORKSHOPS	YEAR 2 WORKSHOPS	YEAR 3 WORKSHOPS
Ayurvedic Beauty	Microbiology	Pulse Reading 2
Kansa Vatki & Face Lift Massage	Epigenetics	Sustainability & Permaculture
Pulse Reading 1	Circadian Medicine	Sanskrit
Ayurvedic Yoga Massage	AV Cooking	